Menu: Mensa Kulmbach

Friday, 31.03.2023

main course:	Stud.	Serv.	Gues.	Spec.	
Curry noodles with vegetables and turkey (1, 2, 4, 14, f, i, a1)	€ 2,40	€ 3,00	€ 3,70	€ 2,60	
Tilapia with tomato-broccoli-herb crust, served with fried potatoes (2, 14, 18, c, d, g, k, a1, h4)	€ 4,00	€ 4,60	€ 5,30	€ 4,20	

side dish:	Stud.	Serv.	Gues.	Spec.	
Cucumber salad (3,l)Smetana (sour cream) dressing (1,3,9,15,c,f,g,i,l,a1)Dill marinade (3,14,15,j,l)Raw beetroot with apple and celery (1,3,9,14,15,c,f,g,i,l,a1)Chickpea salad with kidney beans and Balkan cheese (3,g,l)Cabbage salad (3,l) (3, g, l)	€ 0,75	€ 0,80	€ 0,95	€ 0,75	
Cucumber salad (3,l)Smetana (sour cream) dressing (1,3,9,15,c,f,g,i,l,a1)Dill marinade (3,14,15,j,l)Raw beetroot with apple and celery (1,3,9,14,15,c,f,g,i,l,a1)Chickpea salad with kidney beans and Balkan cheese (3,g,l)Cabbage salad (3,l) (1, 3, 9, 14, 15, c, f, g, i, l, a1)	€ 0,75	€ 0,80	€ 0,95	€ 0,75	

dessert:	Stud.	Serv.	Gues.	Spec.	
Chocolate tiramisu (8, 12, 14, c, f, g, a1)	€ 1,15	€ 1,20	€ 1,40	€ 1,15	

Legend

Changes reserved

- Pork
- beef
- Lamb
- game
- Poultry
- fish
- Shellfish
- sustainably fished
- vegetarian
- Animal-derived
- vegan
- BIO
- homemade
- regional
- Kräuterküche

AOK Healthy through the week

Mensa-Vital a brand of the Studentenwerke

1) with colouring agent 2) with preserving agent 3) with antioxidant 4) with flavour enhancer 5) sulphured 6) blackened 7) waxed 8) with phosphate 9) with sweetener 10) contains a source of phenylalanine 11) may have a laxative effect if consumed in excess 12) contains caffeine 13) contains quinine 14) with acidifier 15) with thickener 16) Stabiliser 17) with alcohol 18) Acidity regulator a1) Wheat gluten a2) Rye gluten a3) Barley gluten a4) Oat gluten a5) Spelt gluten h1) Almonds h2) Hazelnuts h3) Walnuts h4) Cashew nuts h5) Pecan nuts h6) Brazil nuts h7) Pistachios h8) Macadamia nuts a) Cereals containing gluten b) Crustaceans and derived products c) Eggs and derived products d) Fish and derived products e) Peanuts and derived products f) Soya beans and derived products g) Milk and derived products h) Nuts i) Celery and derived products j) Mustard and derived products k) Sesame seeds and derived products l) Sulphur dioxide and sulphites m) Lupin beans and derived products n) Molluscs and derived products