

Monday, 27.03.2023

main course:	Stud.	Serv.	Gues.	Spec.	
Asian-style curried stir-fried noodles, vegetarian ^(1, 2, 3, 4, 14, f, i, k, a1)	€ 2,40	€ 3,00	€ 3,70	€ 2,60	
Beefsteak with fresh herbs, mango-avocado cream and bell pepper and rocket leaves salad ^(1, 3, 14, 15, 16, c, f, g, j, k, a1)	€ 4,00	€ 4,60	€ 5,30	€ 4,20	

Tuesday, 28.03.2023

main course:	Stud.	Serv.	Gues.	Spec.	
Asian-style curried stir-fried noodles, vegetarian ^(1, 2, 3, 4, 14, f, i, k, a1)	€ 2,40	€ 3,00	€ 3,70	€ 2,60	
Macaroni with tofu-sage bolognese and wild herbs ^(1, 2, 14, f, i, a1)	€ 2,70	€ 3,30	€ 4,00	€ 2,90	
Beefsteak with fresh herbs, mango-avocado cream and bell pepper and rocket leaves salad ^(1, 3, 14, 15, 16, c, f, g, j, k, a1)	€ 4,00	€ 4,60	€ 5,30	€ 4,20	
Baked chicken in nut breading on a pea puree ^(3, 14, c, g, a1, h2)	€ 4,50	€ 5,10	€ 5,80	€ 4,70	

Wednesday, 29.03.2023

main course:	Stud.	Serv.	Gues.	Spec.	
Colourful veggie rice stir-fry with soy-yoghurt dip ^(3, 16, 18, f, i, j, a1)	€ 2,40	€ 3,00	€ 3,70	€ 2,60	
Sliced apples in batter with vanilla mousse ^(1, 16, c, g, a1)	€ 2,70	€ 3,30	€ 4,00	€ 2,90	
Lasagne bolognese ^(14, 16, c, g, i, a1)	€ 3,50	€ 4,10	€ 4,80	€ 3,70	  

Thursday, 30.03.2023

main course:	Stud.	Serv.	Gues.	Spec.	
Colourful veggie rice stir-fry with soy-yoghurt dip	€ 2,40	€ 3,00	€ 3,70	€ 2,60	
Älplermagroni - cheese noodle casserole with curry sausage ^(1, 2, 3, 8, 14, 16, 18, c, g, i, a1)	€ 2,70	€ 3,30	€ 4,00	€ 2,90	
Vegan potato vegetable stir-fry with soy ^(1, 2, 3, 4, 5, 14, 15, f, i, a1)	€ 2,70	€ 3,30	€ 4,00	€ 2,90	
Vegetable and pork loin strips with pan-fried spätzle ^(14, c, g, i, a1)	€ 3,50	€ 4,10	€ 4,80	€ 3,70	 

Friday, 31.03.2023

main course:	Stud.	Serv.	Gues.	Spec.	
Vegan bratwurst with western sauce and country potatoes ^(1, 2, 3, 8, 9, 12, 14, 15, f, i)	€ 3,50	€ 4,10	€ 4,80	€ 3,70	
Tilapia with tomato-broccoli-herb crust, served with fried potatoes ^(2, 14, c, d, g, a1)	€ 4,00	€ 4,60	€ 5,30	€ 4,20	 

Legend

Changes reserved

 Pork	 Poultry	 vegetarian	 homemade
 beef	 fish	 Animal-derived	 regional
 Lamb	 Shellfish	 vegan	 Kräuterküche
 game	 sustainably fished	 BIO	

AOK  Healthy through the week

 Mensa-Vital a brand of the Studentenwerke

1) with colouring agent 2) with preserving agent 3) with antioxidant 4) with flavour enhancer 5) sulphured 6) blackened 7) waxed 8) with phosphate 9) with sweetener 10) contains a source of phenylalanine 11) may have a laxative effect if consumed in excess 12) contains caffeine 13) contains quinine 14) with acidifier 15) with thickener 16) Stabiliser 17) with alcohol 18) Acidity regulator a1) Wheat gluten a2) Rye gluten a3) Barley gluten a4) Oat gluten a5) Spelt gluten h1) Almonds h2) Hazelnuts h3) Walnuts h4) Cashew nuts h5) Pecan nuts h6) Brazil nuts h7) Pistachios h8) Macadamia nuts a) Cereals containing gluten b) Crustaceans and derived products c) Eggs and derived products d) Fish and derived products e)