

Monday, 28.11.2022

main course:	Stud.	Serv.	Gues.	Spec.	
Macaroni with tofu-sage bolognese and wild herbs ^(1, 2, 14, 16, 18, f, i, a1)	€ 2,70	€ 3,30	€ 4,00	€ 2,90	
Baked chicken in nut breading on a pea puree ^(3, 14, 18, c, g, a1, h2)	€ 4,50	€ 5,10	€ 5,80	€ 4,70	
Kabuli ? Afghani lamb stew with garlic rice ^(1, 14, a1, h1)	€ 5,00	€ 5,60	€ 6,30	€ 5,20	

Tuesday, 29.11.2022

main course:	Stud.	Serv.	Gues.	Spec.	
Savoy cabbage and pumpkin lasagne with forest mushroom sauce ^(2, 14, 16, 17, 18, c, g, i, a1)	€ 3,00	€ 3,60	€ 4,30	€ 3,20	
Beef teriyaki with bean sprouts, long grain rice and roasted sesame ^(1, 2, 4, 9, 14, 15, 17, f, j, k, a1)	€ 3,50	€ 4,10	€ 4,80	€ 3,70	

Wednesday, 30.11.2022

main course:	Stud.	Serv.	Gues.	Spec.	
Savoy cabbage and pumpkin lasagne with forest mushroom sauce ^(2, 14, 16, 17, 18, c, g, i, a1)	€ 3,00	€ 3,60	€ 4,30	€ 3,20	
Sweet-and-sour pork steak with tomato-pineapple salsa and curried rice ^(1, 2, 3, 14, 16, 17, a1)	€ 3,50	€ 4,10	€ 4,80	€ 3,70	

Thursday, 01.12.2022

main course:	Stud.	Serv.	Gues.	Spec.	
Colourful gnocchi with oyster mushrooms, peas and bell pepper ^(1, 2, 14, 15, 16, c, g, a1)	€ 3,00	€ 3,60	€ 4,30	€ 3,20	
?Mafé? ^(1, 2, 3, 8, 14, 16, 17, e, i, a1, a3)	€ 4,00	€ 4,60	€ 5,30	€ 4,20	

Friday, 02.12.2022

main course:	Stud.	Serv.	Gues.	Spec.	
Forest mushroom risotto with mango, courgette and basil salad, served with balsamic tomatoes ^(1, 2, 3, 5, 14, 15, 16, 17, c, g, i)	€ 2,70	€ 3,30	€ 4,00	€ 2,90	
Juicy pork tenderloin with tomato and rosemary relish and colorful gnocchi ^(1, 2, 14, 15, 16, c, g, a1)	€ 3,50	€ 4,10	€ 4,80	€ 3,70	

Saturday, 03.12.2022

main course:	Stud.	Serv.	Gues.	Spec.	
Japanese-style noodle stir-fry with bean sprouts and shiitake mushrooms ^(1, 2, 4, 14, 17, f, k, a1)	€ 2,70	€ 3,30	€ 4,00	€ 2,90	
Bell pepper and gyros dish with tzatziki and rice ^(1, 14, g)	€ 4,00	€ 4,60	€ 5,30	€ 4,20	

Legend

Changes reserved



Pork



Poultry



vegetarian



homemade



beef



fish



Animal-derived



regional



Lamb



Shellfish



vegan



Kräuterküche



game



sustainably fished



BIO

AOK  Healthy through the week

 Mensa-Vital a brand of the Studentenwerke