

# Menu: Kitchen, Frischraum



Tuesday, 28.03.2023

| main course:                                                                                                                              | Stud.  | Serv.  | Gues.  | Spec.  |                                                                                     |
|-------------------------------------------------------------------------------------------------------------------------------------------|--------|--------|--------|--------|-------------------------------------------------------------------------------------|
| Spelled burger with feta cheese and tsatsiki <sup>(1, 2, 3, 14, 18, c, f, g, i, l, a1, a5)</sup>                                          | € 2,40 | € 3,00 | € 3,70 | € 2,60 |  |
| Macaroni with tofu-sage bolognese and wild herbs <sup>(1, 2, 14, f, i, a1)</sup>                                                          | € 2,70 | € 3,30 | € 4,00 | € 2,90 |  |
| Minced pork cordon bleu with herb and Gorgonzola sauce with fried potatoes <sup>(1, 2, 3, 8, 14, 15, 16, 18, c, f, g, i, j, a1, a3)</sup> | € 3,50 | € 4,10 | € 4,80 | € 3,70 |  |
| Baked chicken in nut breading on a pea puree <sup>(3, 14, 16, 18, c, g, a1, h2)</sup>                                                     | € 4,50 | € 5,10 | € 5,80 | € 4,70 |  |

| side dish:                                                                                                                                                                                                                                                           | Stud.  | Serv.  | Gues.  | Spec.  |                                                                                     |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------|--------|--------|--------|-------------------------------------------------------------------------------------|
| Cucumber salad (3,l)Italian dressing (1,2,3,9,14,15,c,f,g,i,l,a1)Basil marinade (3,14,15,j,l)Cauliflower taboule with roasted chickpeas (3,5,k,l)Orzo salad with soy (3,5,9,14,15,c,f,j,l,a1,a3)Cabbage salad (3,l) <sup>(3, 5, k, l)</sup>                          | € 0,75 | € 0,80 | € 0,95 | € 0,75 |  |
| Cucumber salad (3,l)Italian dressing (1,2,3,9,14,15,c,f,g,i,l,a1)Basil marinade (3,14,15,j,l)Cauliflower taboule with roasted chickpeas (3,5,k,l)Orzo salad with soy (3,5,9,14,15,c,f,j,l,a1,a3)Cabbage salad (3,l) <sup>(3, 5, 9, 14, 15, c, f, j, l, a1, a3)</sup> | € 0,75 | € 0,80 | € 0,95 | € 0,75 |  |
| Twister <sup>(3, a1)</sup>                                                                                                                                                                                                                                           | € 0,95 | € 1,00 | € 1,15 | € 0,95 |  |

| dessert:                                             | Stud.  | Serv.  | Gues.  | Spec.  |                                                                                       |
|------------------------------------------------------|--------|--------|--------|--------|---------------------------------------------------------------------------------------|
| Cream pudding with strawberry topping <sup>(e)</sup> | € 1,15 | € 1,20 | € 1,40 | € 1,15 |  |

| snacks, salads €/100g:                                                                                                                                                                                                                                                                                            | Stud.  | Serv.  | Gues.  | Spec.  |                                                                                       |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------|--------|--------|--------|---------------------------------------------------------------------------------------|
| Salad bar New Building (e,g)Cauliflower taboule with roasted chickpeas (3,5,k,l)Orzo salad with soy (3,5,9,14,15,c,f,j,l,a1,a3)vegan burrito-bowl (3,16,f)Cabbage salad (3,l)Snack: Breaded mushrooms served with herb quark (16,c,g,a1)Italian dressing (1,2,3) <sup>(3, 5, k, l)</sup>                          | € 0,85 | € 0,95 | € 1,15 | € 0,85 |  |
| Salad bar New Building (e,g)Cauliflower taboule with roasted chickpeas (3,5,k,l)Orzo salad with soy (3,5,9,14,15,c,f,j,l,a1,a3)vegan burrito-bowl (3,16,f)Cabbage salad (3,l)Snack: Breaded mushrooms served with herb quark (16,c,g,a1)Italian dressing (1,2,3) <sup>(3, 16, f)</sup>                            | € 0,85 | € 0,95 | € 1,15 | € 0,85 |  |
| Salad bar New Building (e,g)Cauliflower taboule with roasted chickpeas (3,5,k,l)Orzo salad with soy (3,5,9,14,15,c,f,j,l,a1,a3)vegan burrito-bowl (3,16,f)Cabbage salad (3,l)Snack: Breaded mushrooms served with herb quark (16,c,g,a1)Italian dressing (1,2,3) <sup>(3, 5, 9, 14, 15, c, f, j, l, a1, a3)</sup> | € 0,85 | € 0,95 | € 1,15 | € 0,85 |  |
| Salad bar New Building (e,g)Cauliflower taboule with roasted chickpeas (3,5,k,l)Orzo salad with soy (3,5,9,14,15,c,f,j,l,a1,a3)vegan burrito-bowl (3,16,f)Cabbage salad (3,l)Snack: Breaded mushrooms served with herb quark (16,c,g,a1)Italian dressing (1,2,3) <sup>(16, c, g, a1)</sup>                        | € 0,85 | € 0,95 | € 1,15 | € 0,85 |  |

## Legend

Changes reserved

|                                                                                        |                                                                                                        |                                                                                                    |                                                                                                    |
|----------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------|
|  Pork |  Poultry            |  vegetarian     |  homemade     |
|  beef |  fish               |  Animal-derived |  regional     |
|  Lamb |  Shellfish          |  vegan          |  Kräuterküche |
|  game |  sustainably fished |  BIO            |                                                                                                    |

AOK  Healthy through the week

 Mensa-Vital a brand of the Studentenwerke

1) with colouring agent 2) with preserving agent 3) with antioxidant 4) with flavour enhancer 5) sulphured 6) blackened 7) waxed 8) with phosphate 9) with sweetener 10) contains a